

Combination Panels

ELISA/ACT Biotechnologies offers a variety of combination test panels to meet the needs of each patient. For patients with simple, recent onset conditions, we recommend the BASIC or ENHANCED BASIC Test Panel.

BASIC PANEL

144 ITEMS

Foods (66 ITEMS)

Almond	Cinnamon	Grape/Raisin, Green	Peanut	Sugar, Corn
Apple	Coffee, Decaf & Reg	Grape/Raisin, Red	Pear	Tea, Black
Banana	Cola	Grapefruit	Pepper, Black	Tobacco
Barley	Corn (Maize)	Lamb/Mutton	Pork/Bacon/Ham	Tomato
Bean, Soya	Cottonseed Oil	Lemon	Potato, Sweet	Tuna
Beef/Veal	Crab	Lettuce, Romaine	Potato, White	Turkey
Broccoli	Cranberry	Lobster	Rice, Brown	Vanilla
Cabbage/Brussels Sprouts	Cucumber	Milk, Pasteurized (Cow)	Rice, White	Wheat
Cantaloupe/Honeydew	Egg, White (Chicken)	Millet	Rye	Yeast, Baker's
Carrot	Egg, Yolk (Chicken)	Mustard Greens/Spice	Salmon/Lox	Yeast, Brewer's
Cauliflower	Flaxseed / Linseed Oil	Oats	Shrimp	
Cheese, Processed (Cow)	Garlic	Olive	Squash	
Chicken	Ginger	Onion, Yellow	Strawberry	
Chocolate/Cocoa	Gluten	Orange	Sugar, Cane/Sucanat	

Environmental Chemicals (15 ITEMS)

1,2 Dichlorobenzene	Chloroform	Organophosphates
2,4,5 T	Cis-Dichloroethylene (1,2 Dichloroethylene)	Soap (SDS/SLS)
Benzene	Cyclohexylamine	Toluene
Carbon Tetrachloride	Endrin	Vinyl Chloride
Chlordane	Methylene Chloride (Dichloromethane)	Xylene

Additives/Preservatives (15 ITEMS)

Aspartame/NutraSweet	Gum, Locust Bean	Propyl Gallate
BHA	MSG (Monosodium Glutamate)	Saccharine
BHT	Nitrates/Nitrites	Sodium Benzoate
Calcium Propionate	Polysorbate 60	Sodium Propionate
Diacetyl (2,3-Butanedione)	Potassium Bromate	Sulfite/Metabisulfite

Molds (28 ITEMS)

Alternaria alternata	Cladosporium herbarum	Helminthosporium sativum	Rhodotorula
Aspergillus fumigatus	Epicoccum nigrum	Mucor mucedo	Scopulariopsis brevicaulis
Aspergillus niger	Epidermophyton floccosum	Mucor racemosus	Stemphylium botryosum
Aspergillus oryzae	Fusarium solani	Penicillium notatum/chrysogenum	Trichoderma harzianum
Botrytis cinerea	Fusarium vasinfectum	Penicillium roqueforti	Thricothecium roseum
Candida albicans	Geotrichum candidum	Pullularia pullulans	Trichophyton mentagrophytes interdigitale
Cladosporium cladosporioides	Helminthosporium halodes	Rhizopus stolonifer/nigricans	Trichophyton rubrum

F, D & C Color Additives (20 ITEMS)

Annatto	D&C Green #8	FD&C Green #3	FD&C Red #3
FD&C Blue #1	D&C Green #5	D&C Orange #4	FD&C Red #40
FD&C Blue #2	D&C Orange #5	D&C Red #22	D&C Yellow #10
Brilliant Black	D&C Red #33	D&C Red #28	FD&C Yellow #5
Carmine/Cochineal	D&C Violet #2	FD&C Red #2	FD&C Yellow #6

ENHANCED BASIC PANEL

212 ITEMS

Includes **BASIC** Test Panel
and the **additional 68 foods** listed below.

Alfalfa	Caraway Seed	Leek	Rabbit
Algae (Chorella)	Catfish	Macadamia Nut	Radish
Algae (Spirulina)	Chard	Mace	Rapeseed / Canola Oil
Arrowroot	Coriander	Marjoram	Rhubarb
Anchovy	Date	Milk, Raw (Cow)	Rice, Basmati
Anise Seed	Deer / Venison	Nectarine	Rose Hips
Artichoke	Duck / Goose	Okra	Rutabaga
Baking Powder	Endive	Parsnip	Sardine
Bass	Gelatin	Pea, Black-eyed	Scallion / Spring Onion
Bean, Garbanzo	Gin (Juniper Berries)	Pepper, Cayenne	Spearmint
Bean, Navy	Grapeseed Oil	Pepper, White	Tamarind
Blackberry	Hazelnut / Filbert	Perch/Mackerel	Tangerine / Mandarin
Bok Choi	Horseradish	Pimiento	Orange Turmeric
Boysenberry	Hydrogenated Oil	Pistachio	Turnip Greens
Brazil Nut	Kelp/Seaweed	Poppy Seed	Walnut, English
Buffalo	Kombu	Pomegranate	Watercress
Butter, Clarified (Ghee)	Lactoglobulin	Psyllium Seed	Whey

For patients with more complex, long term conditions, we recommend the larger combination panels found on pages 13-15.

Combination Test Panels

ELISA/ACT Biotechnologies offers a variety of combination test panels to meet the needs of each patient. For patients with complex, long term, multi-system conditions or symptoms we recommend one of the more comprehensive combination test panels (Comprehensive, Comprehensive + Medications, Professional's Choice, Professional's Choice Plus or All Inclusive).

Individual test blocks may also be added to create the specific test panel to meet your clinical needs.

The All Inclusive Test Panel tests all substances offered by ELISA/ACT Biotechnologies.

COMPREHENSIVE TEST PANEL

317 ITEMS

FOODS (166 ITEMS)

Almond	Cheese, Processed (Cow)	Gliadin	Papaya	Spelt
Amaranth	Cheese, Romano (Sheep)	Gluten	Paprika	Spinach
Apple	Cheese/Milk (Goat)	Grape/Raisin, Green	Parsley	Squash
Apricot	Cherry	Grape/Raisin, Red	Pea, Green/Snow	Strawberry
Asparagus	Chestnut	Grapefruit	Peach	Tilapia
Avocado	Chicken	Haddock	Peanut	Sugar, Beet
Banana	Chive	Honey	Pear	Sugar, Cane/Sucanat
Barley	Chocolate/Cocoa	Hops	Pecan	Sugar, Corn
Basil	Cilantro	Kale	Pepper, Bell	Sugar, Maple
Bay Leaf	Cinnamon	Kamut	Pepper, Black	Sunflower
Bean, Kidney	Clam	Kiwi	Pepper, Chili/Red	Swordfish
Bean, Lima	Clove	Lactalbumin	Peppermint	Tapioca
Bean, Mung	Coconut	Lamb/Mutton	Pineapple	Tarragon
Bean, Pinto	Cod Liver Oil	Lemon	Plum/Prune	Tea, Black
Bean, Soya	Codfish	Lentils, Red, Green	Pork/Bacon/Ham	Thyme
Bean, String/Wax	Coffee, Decaf & Reg	Lettuce, Iceberg	Potato, Sweet	Tobacco
Beef/Veal	Cola	Lettuce, Red Leaf	Potato, White	Tofu
Beet	Collard Greens	Lettuce, Romaine	Pumpkin	Tomato
Blueberry	Corn (Maize)	Lime	Quinoa	Triticale
Broccoli	Cottonseed Oil	Lobster	Raspberry	Trout
Buckwheat/Kasha	Crab	Malt	Rice, Brown	Tuna
Butter, Whole (Cow)	Cranberry	Mango	Rice, White	Turbot/Whitefish
Cabbage/Brussels Sprouts	Cucumber	Milk, Pasteurized (Cow)	Rice, Wild	Turkey
Cantaloupe/Honeydew	Cumin	Millet	Rosemary	Vanilla
Carob	Currant	Molasses	Rye	Walnut Oil, Black
Carrot	Curry	Mushroom	Safflower Oil	Watermelon
Casein (Cow)	Dill	Mustard Greens/Spice	Sage	Wheat
Cashew	Egg, White (Chicken)	Nutmeg	Salicylate	Yeast, Baker's
Cauliflower	Egg, Yolk (Chicken)	Oats	Salmon/Lox	Yeast, Brewer's
Celery	Eggplant	Olive	Scallop	Yogurt (Cow)
Chamomile	Fig	Onion, Yellow	Sesame/Tahini	
Cheese, Brick (Cow)	Flaxseed/Linseed Oil	Orange	Shrimp	
Cheese, Cottage (Cow)	Garlic	Oregano	Snapper	
Cheese, Parmesan (Cow)	Ginger	Oyster	Sole/Flounder/Halibut	

COMPREHENSIVE TEST PANEL (CONTINUED)

Environmental Chemicals (61 ITEMS)

1,2 Dichlorobenzene	Cis-Dichloroethylene	Halogenated Biocide	Polyvinylpyrrolidone/Povidone
2,4,5 T	(1,2- Dichloroethylene)	Heptachlor	Propylene Glycol (1,2-Propanediol)
2,4 D	Cyclohexylamine	Hexachlorocyclohexane	Pyrene
2-Methyl Pentane	DBCP (1,2 Dibromo-3-chloropropane)	Isopropyl Ether	Selenium Sulfide
3-Methyl Pentane	DDT	Latex	Silicates/Silicon Dioxide
Aldrin	DEET	Maleic Anhydride	Silicone
Benzaldehyde	Detergent (Synthetic)	Metallic Catalyst	Soap (SDS/SLS)
Benzene	Dibutyl Phthalate	Methoxychlor	Tert-Butyl-Ethyl Ether (TBEE)
Benzopyrene	Dieldrin	Methylene Chloride	Tert-Butyl-Methyl Ether (TBME)
Benzyl Acetate	Endrin	(Dichloromethane)	Tetrachloroethylene
Beryllium Oxide	Ethyl Acetate	Morpholine	Toluene
Carbamates	Ethyl Acetoacetate	Nitrosamine Mix	Trichloroethylene (TCE)
Carbon Disulfide	Ethyl Butyrate	Organophosphates	Vinyl Chloride
Carbon Tetrachloride	Ethylene Dibromide	Pentachlorophenol (PCP) and Solvents	Xylene
Chlordane	Formaldehyde	Petroleum By-Products	
Chloroform	Glyphosate	Phenol	
		Phthalates	

Molds (28 ITEMS)

Alternaria alternata	Cladosporium herbarum	Helminthosporium sativum	Rhodotorula
Aspergillus fumigatus	Epicoccum nigrum	Mucor mucedo	Scopulariopsis brevicaulis
Aspergillus niger	Epidermophyton floccosum	Mucor racemosus	Stemphylium botryosum
Aspergillus oryzae	Fusarium solani	Penicillium notatum/chrysogenum	Trichoderma harzianum
Botrytis cinerea	Fusarium vasinfectum	Penicillium roqueforti	Trichothecium roseum
Candida albicans	Geotrichum candidum	Pullularia pullulans	Trichophyton mentagrophytes interdigitale
Cladosporium cladosporioides	Helminthosporium halodes	Rhizopus stolonifer/nigricans	Trichophyton rubrum

Additives/Preservatives (28 ITEMS)

Aspartame/Nutrasweet	Gum, Agar	Nitrates/Nitrites	Sodium Benzoate
BHA	Gum, Carrageenan	Pinene	Sodium Fluoride
BHT	Gum, Guar	Polysorbate 60	Sodium Propionate
Caffeine	Gum, Locust Bean	Polysorbate 80	Sorbitol
Calcium Propionate	Gum, Tragacanth	Potassium Bromate	Stevia
Diacetyl (2,3 Butanedione)	Gum, Xanthan	Propyl Gallate	Sulfite/Metabisulfite
Gum, Acacia	MSG (Monosodium Glutamate)	Saccharine	Xylitol

F, D & C Color Additives (20 ITEMS)

Annatto	D&C Green #8	FD&C Green #3	FD&C Red #3
FD&C Blue #1	D&C Green #5	D&C Orange #4	FD&C Red #40
FD&C Blue #2	D&C Orange #5	D&C Red #22	D&C Yellow #10
Brilliant Black	D&C Red #33	D&C Red #28	FD&C Yellow #5
Carmine/Cochineal	D&C Violet #2	FD&C Red #2	FD&C Yellow #6

Toxic Minerals/Metals (14 ITEMS)

Aluminum	Cadmium	Mercury	Tin/Stannous Chloride
Antimony	Ethyl Mercury	Methyl Mercury	Titanium Dioxide
Arsenic	Gold	Nickel (II) Chloride	
Barium Sulfate	Lead	Silver	

COMPREHENSIVE w/MEDS TEST PANEL

349 ITEMS

Includes **Comprehensive** Test Panel and the **Medication Block 32** shown on page 21.

PROFESSIONAL'S CHOICE TEST PANEL

389 ITEMS

Includes **Comprehensive** Test Panel and the additional **72 foods** listed below.

Acai Berry	Boysenberry	Grape Seed Oil	Parsnip	Rose Hips
Alfalfa	Brazil Nut	Hazelnut/Filbert	Pea, Black-eyed	Rutabaga
Algae (Chlorella)	Buffalo	Horseradish	Pepper, Cayenne	Sardine
Algae (Spirulina)	Butter, Clarified (Ghee)	Hydrogenated Oil	Pepper, White	Scallion/Spring Onion
Aloe	Caraway Seed	Kelp/Seaweed	Perch/Mackerel	Spearmint
Arrowroot	Catfish	Kombu	Pimiento	Tamarind
Anchovy	Chard	Lactoglobulin	Pistachio	Tangerine/Mandarin Orange
Anise Seed	Coriander	Leek	Pomegranate	Turmeric
Artichoke	Cream of Tartar	Macadamia	Poppy Seed	Turnip Greens
Baking Powder	Date	Mace	Psyllium Seed	Walnut, English
Bass	Deer/Venison	Marjoram	Rabbit	Watercress
Bean, Garbanzo	Duck/Goose	Milk, Raw (Cow)	Radish	Whey
Bean, Navy	Endive	Nectarine	Rapeseed/Canola Oil	
Blackberry	Gelatin	Okra	Rhubarb	
Bok Choi	Gin (Juniper Berries)	Palm Oil	Rice, Basmati	

PROFESSIONAL'S CHOICE PLUS TEST PANEL

406 ITEMS

Includes **Professional's Choice** Test Panel and the additional **17 additives/preservatives** listed below.

Acesulfame	Glycerin, Vegetable	Menthol	Potassium Sorbate	Sodium Erythroate
Agave Nectar	Gum, Karaya	Methyl Paraben	Propyl Paraben	Splenda (Sucralose)
Camphor	Magnesium Stearate	Polyethylene Glycol	Sodium Alginate	
EDTA	Mannitol	Polysorbate 20		

ALL INCLUSIVE TEST PANEL

512 ITEMS

Includes **Professional's Choice Plus** Test Panel and the additional blocks listed below (see pages 17, 20-21 for individual items in each block):

- Medication Block 32**
- Dander/Hair/Feather Block 10**
- Therapeutic Herb Block 18**
- Therapeutic Food Block 46**

Food Blocks

Each of the testing blocks listed here may be ordered individually or combined to create a custom panel to meet your patients' needs.

Food Block 46

Apple	Cauliflower	Cucumber	Milk, Pasteurized (Cow)	Potato, White	Tomato
Banana	Chicken	Egg, White (Chicken)	Mustard Greens/Spice	Rice, White	Tuna
Barley	Chocolate/Cocoa	Egg, Yolk (Chicken)	Oats	Rye	Turkey
Bean, Soya	Cinnamon	Gluten	Onion, Yellow	Shrimp	Wheat
Beef/Veal	Coffee, Decaf & Reg	Grape/Raisin, Green	Orange	Squash	Yeast, Baker's
Broccoli	Cola	Lamb/Mutton	Peanut	Strawberry	Yeast, Brewer's
Cabbage/Brussels Sprout	Corn (Maize)	Lemon	Pear	Sugar, Cane/Sucanat	
Carrot	Crab	Lobster	Pork/Bacon/Ham	Tea, Black	

Food Block 115

Includes **Food Block 46 and 69 foods** listed below.

Almond	Cantaloupe/Honeydew	Flaxseed/Linseed Oil	Millet	Pineapple	Sunflower
Apricot	Cashew	Garlic	Mushroom	Plum/Prune	Tilapia
Avocado	Celery	Ginger	Nutmeg	Potato, Sweet	Tarragon
Basil	Cheese, Brick (Cow)	Gliadin	Olive	Rice, Brown	Tobacco
Bean, Lima	Cheese, Processed (Cow)	Grape/Raisin, Red	Oregano	Rice, Wild	Trout
Bean, Mung	Cilantro	Grapefruit	Papaya	Safflower Oil	Vanilla
Bean, Pinto	Clam	Honey	Paprika	Salicylate	Walnut Oil, Black
Bean, String/Wax	Codfish	Hops	Pea, Green/Snow	Salmon/Lox	Watermelon
Beet	Collard Greens	Kale	Peach	Sesame/Tahini	Yogurt (Cow)
Buckwheat/Kasha	Cottonseed Oil	Lactalbumin	Pecan	Sole/Flounder/Halibut	
Blueberry	Cranberry	Lettuce, Iceberg	Pepper, Bell	Spinach	
Carob	Cumin	Mango	Pepper, Chili/Red	Sugar, Beet	

Food Block 166

Includes **Food Block 115 and 51 foods** listed below.

Amaranth	Cheese, Romano (Sheep)	Curry	Lettuce, Romaine	Quinoa	Swordfish
Asparagus	Cheese/Milk (Goat)	Dill	Lime	Raspberry	Tapioca
Bay Leaf	Cherry	Eggplant	Malt	Rosemary	Thyme
Bean, Kidney	Chestnut	Fig	Molasses	Sage	Tofu
Butter, Whole (Cow)	Chive	Haddock	Oyster	Scallop	Triticale
Casein (Cow)	Clove	Kamut	Parsley	Snapper	Turbot/Whitefish
Chamomile	Coconut	Kiwi	Pepper, Black	Spelt	
Cheese, Cottage (Cow)	Cod Liver Oil	Lentils, Red, Green	Peppermint	Sugar, Corn	
Cheese, Parmesan (Cow)	Currant	Lettuce, Red Leaf	Pumpkin	Sugar, Maple	

Food Block 238

Includes **Food Block 166 and 72 foods** listed below.

Acai Berry	Bean, Navy	Date	Lactoglobulin	Pepper, White	Rose Hips
Alfalfa	Blackberry	Deer/Venison	Leek	Perch/Mackerel	Rutabaga
Algae (Chlorella)	Bok Choi	Duck/Goose	Macadamia	Pimiento	Sardine
Algae (Spirulina)	Boysenberry	Endive	Mace	Pistachio	Scallion/Spring Onion
Aloe	Brazil Nut	Gelatin	Marjoram	Pomegranate	Spearmint
Arrowroot	Buffalo	Gin (Juniper Berries)	Milk, Raw (Cow)	Poppy Seed	Tamarind
Anchovy	Butter, Clarified (Ghee)	Grapeseed Oil	Nectarine	Psyllium Seed	Tangerine/Mandarin
Anise Seed	Caraway Seed	Hazelnut/Filbert	Okra	Rabbit	Turmeric
Artichoke	Catfish	Horseradish	Palm Oil	Radish	Turnip Greens
Baking Powder	Chard	Hydrogenated Oil	Parsnip	Rapeseed/Canola Oil	Walnut, English
Bass	Coriander	Kelp/Seaweed	Pea, Black-eyed	Rhubarb	Watercress
Bean, Garbanzo	Cream of Tartar	Kombu	Pepper, Cayenne	Rice, Basmati	Whey

Food Block 96

Almond	Casein (Cow)	Egg White (Chicken)	Lettuce, Romaine	Pineapple	Squash
Apple	Cashew	Egg Yolk (Chicken)	Milk, Pasteurized, (Cow)	Pork/Bacon/Ham	Strawberry
Apricot	Cauliflower	Flaxseed/Linseed Oil	Mushroom	Potato, Sweet	Sugar Cane/Sucanat
Asparagus	Celery	Garlic	Oats	Potato, White	Sugar, Corn
Avocado	Cheese, Brick (Cow)	Gelatin	Olive	Quinoa	Sulfite/Metabisulfite
Banana	Cheese, Cottage (Cow)	Gliadin	Onion, Yellow	Rapeseed/Canola Oil	Sunflower
Barley	Cheese, Processed (Cow)	Gluten	Orange	Raspberry	Tomato
Bean, Kidney	Cheese/Milk (Goat)	Grape/Raisin, Red	Oregano	Rice, White	Tuna
Bean, Soya	Chicken	Grapefruit	Paprika	Rye	Turkey
Bean, String/Wax	Chocolate/Cocoa	Haddock	Pea, Green/Snow	Salicylate	Vanilla
Beef/Veal	Coconut	Hazelnut/Filbert	Peach	Salmon/Lox	Walnut, English
Beet	Codfish	Honey	Peanut	Sesame/Tahini	Wheat
Blueberry	Coffee, Decaf & Reg	Kiwi	Pear	Shrimp	Whey
Broccoli	Corn (Maize)	Lamb/Mutton	Pecan	Sole/Flounder/Halibut	Yeast, Baker's
Candida Albicans	Cranberry	Lemon	Pepper, Bell	Spelt	Yeast, Brewer's
Carrot	Cucumber	Lentils, Red, Green	Pepper, Black	Spinach	Yogurt (Cow)

THERAPEUTIC Food Block 46

Adzuki/Adzuki Bean	Cellulose	Ginseng, American	Maca	Noni	Tamari
Allspice	Chia Seed	Ginseng, Chinese	Miso, Barley	Plum, Umboshi	Tea, Green
Astragalus	Chicory	Ginseng, Siberian	Miso, Brown	Quail	Wakame
Bamboo	Cucumber, Japanese	Goji Berry	Miso, Hatcho	Resin	Water Chestnut
Bladderwrack	Dong Quai	Gooseberry	Miso, White	Royal Jelly	Yaki Nori/Laver
Camu Camu	Dragon Fruit	Hemp	Mushroom, Maitake	Saffron	Yerba Mate
Cardamon	Dulse	Hijiki	Mushroom, Reishi	Sea Lettuce	
Cassava (Yuca)	Elderberry	Irish Moss	Mushroom, Shiitake	Star Fruit	

THERAPEUTIC Herb Block 18

Arnica	Echinacea	Hypericum/St. John's Wort	Slippery Elm
Artemesia Anua	Ephedra	Lemongrass	Valerian
Bergamot	Feverfew	Licorice	White Willow Bark
Black Cohosh	Goldenseal/Hydrastis	Lomatium	
Chrysanthemum	Hawthorne	Primrose Oil	

GLUTEN HYPERSENSITIVITY Block

Almond	Buckwheat/Kasha	<u>Gliadin</u>	Malt	Quinoa	Tapioca
Amaranth	Cashew	<u>Gluten</u>	Millet	Rice, Basmati	<u>Triticale</u>
Arrowroot	Cassava (Yuca)	Hazelnut/Filbert	<u>Oats</u>	Rice, Brown	Walnut, English
<u>Barley</u>	Chestnut	Hemp	Pea, Green, Snow	Rice, White	<u>Wheat</u>
Bean, Aduki/Adzuki	Chia	Hops	Peanut	Rice, Wild	
Bean, Garbanzo	Coconut	<u>Kamut</u>	Pecan	<u>Rye</u>	
Bean, Soya	Corn (Maize)	Lentils, Red, Green	Pistachio	Sesame/Tahini	
Brazil Nut	Flaxseed/Linseed Oil	Macadamia	Potato, White	<u>Spelt</u>	

Note: **Bold underlined** items are associated with gluten sensitivity. Non-bolded items are common gluten alternatives and used in "gluten-free" products.



Specialty Food Blocks

Each of the testing blocks listed here may be ordered individually or combined to create a custom panel to meet your patients' needs.

VEGAN Food Block 188 ITEMS

Açai Berry	Brazil Nut	Curry	Macadamia	Pepper, White	Spinach
Alfalfa	Broccoli	Date	Mace	Peppermint	Squash
Algae (Chlorella)	Buckwheat/Kasha	Dill	Malt	Pimiento	Strawberry
Algae (Spirulina)	Cabbage/Brussels Sprouts	Eggplant	Mango	Pineapple	Sugar Cane/Sucanat
Almond	Cantaloupe/Honeydew	Endive	Marjoram	Pistachio	Sugar, Beet
Aloe	Caraway Seed	Fig	Millet	Plum/Prune	Sugar, Corn
Amaranth	Carob	Flaxseed/Linseed Oil	Molasses	Pomegranate	Sugar, Maple
Anise Seed	Carrot	Garlic	Mushroom	Poppy Seed	Sunflower
Apple	Cashew	Gin (Juniper Berries)	Mustard Greens/Spice	Potato, Sweet	Tamarind
Apricot	Cauliflower	Ginger	Nectarine	Potato, White	Tangerine/Mandarin
Arrowroot	Celery	Gliadin	Nutmeg	Psyllium Seed	Tapioca
Artichoke	Chamomile	Gluten	Oats	Pumpkin	Tarragon
Asparagus	Chard	Grape Seed Oil	Okra	Quinoa	Tea, Black
Avocado	Cherry	Grape/Raisin, Green	Olive	Radish	Thyme
Baking Powder	Chestnut	Grape/Raisin, Red	Onion, Yellow	Rapeseed/Canola Oil	Tobacco
Banana	Chive	Grapefruit	Orange	Raspberry	Tofu
Barley	Chocolate/Cocoa	Hazelnut/Filbert	Oregano	Rhubarb	Tomato
Basil	Cilantro	Hops	Palm Oil	Rice, Basmati	Triticale
Bay Leaf	Cinnamon	Horseradish	Papaya	Rice, Brown	Turmeric
Bean, Garbanzo	Clove	Hydrogenated Oil	Paprika	Rice, White	Turnip, Greens
Bean, Kidney	Coconut	Kale	Parsley	Rice, Wild	Vanilla
Bean, Lima	Coffee, Decaf & Reg	Kamut	Parsnip	Rose Hips	Walnut Oil, Black
Bean, Mung	Cola	Kelp/Seaweed	Pea, Black-Eyed	Rosemary	Walnut, English
Bean, Navy	Collard Greens	Kiwi	Pea, Green/Snow	Rutabaga	Watercress
Bean, Pinto	Coriander	Kombu	Peach	Rye	Watermelon
Bean, Soya	Corn (Maize)	Leek	Peanut	Safflower Oil	Wheat
Bean, String/Wax	Cottonseed Oil	Lemon	Pear	Sage	Yeast, Baker's
Beet	Cranberry	Lentils, Red, Green	Pecan	Salicylate	Yeast, Brewers
Blackberry	Cream of Tartar	Lettuce, Iceberg	Pepper, Bell	Scallion/Spring Onion	
Blueberry	Cucumber	Lettuce, Red Leaf	Pepper, Black	Sesame/Tahini	
Bok Choi	Cumin	Lettuce, Romaine	Pepper, Cayenne	Spearmint	
Boysenberry	Currant	Lime	Pepper, Chili/Red	Spelt	

VEGETARIAN Food Block 206 ITEMS

Includes **Vegan Food Block** and the **additional 18 food items** listed below.

Butter, Clarified (Ghee)	Cheese, Brick (Cow)	Cheese, Processed (Cow)	Egg White (Chicken)	Lactalbumin	Milk, Raw (Cow)
Butter, Whole (Cow)	Cheese, Cottage (Cow)	Cheese, Romano (Sheep)	Egg Yolk (Chicken)	Lactoglobulin	Whey
Butter, Whole (Cow)	Cheese, Parmesan (Cow)	Cheese/Milk (Goat)	Honey	Milk, Pasteurized (Cow)	Yogurt (Cow)

KOSHER Food Block 227 ITEMS

Acai Berry	Buffalo	Cream of Tartar	Leek	Pepper, Black	Spearmint
Alfalfa	Butter, Clarified (Ghee)	Cucumber	Lemon	Pepper, Cayenne	Spelt
Algae (Chlorella)	Butter, Whole (Cow)	Cumin	Lentils, Red, Green	Pepper, Chili/Red	Spinach
Algae (Spirulina)	Cabbage/Brussels Sprouts	Curran	Lettuce, Iceberg	Pepper, White	Squash
Almond	Cantaloupe/Honeydew	Curry	Lettuce, Red Leaf	Peppermint	Strawberry
Aloe	Caraway Seed	Date	Lettuce, Romaine	Perch/Mackerel	Sugar Cane/Sucanat
Amaranth	Carob	Deer/Venison	Lime	Pimiento	Sugar, Beet
Anchovy	Carrot	Dill	Macadamia	Pineapple	Sugar, Corn
Anise Seed	Casein (Cow)	Duck/Goose	Mace	Pistachio	Sugar, Maple
Apple	Cashew	Egg White (Chicken)	Malt	Plum/Prune	Sunflower
Apricot	Cauliflower	Egg Yolk (Chicken)	Mango	Pomegranate	Tamarind
Arrowroot	Celery	Eggplant	Marjoram	Poppy Seed	Tangerine/Mandarin
Artichoke	Chamomile	Endive	Milk, Pasteurized (Cow)	Potato, Sweet	Orange
Asparagus	Chard	Fig	Milk, Raw (Cow)	Potato, White	Tapioca
Avocado	Cheese, Brick (Cow)	Flaxseed/Linseed Oil	Millet	Psyllium Seed	Tarragon
Baking Powder	Cheese, Cottage (Cow)	Garlic	Molasses	Pumpkin	Tea, Black
Banana	Cheese, Parmesan (Cow)	Gin (Juniper Berries)	Mushroom	Quinoa	Thyme
Barley	Cheese, Processed (Cow)	Ginger	Mustard Greens/Spice	Radish	Tilapia
Basil	Cheese, Romano (Sheep)	Gliadin	Nectarine	Rapeseed/Canola Oil	Tobacco
Bass	Cheese/Milk (Goat)	Gluten	Nutmeg	Raspberry	Tofu
Bay Leaf	Cherry	Grape Seed Oil	Oats	Rhubarb	Tomato
Bean, Garbanzo	Chestnut	Grape/Raisin, Green	Okra	Rice, Basmati	Triticale
Bean, Kidney	Chicken	Grape/Raisin, Red	Olive	Rice, Brown	Trout
Bean, Lima	Chive	Grapefruit	Onion, Yellow	Rice, White	Tuna
Bean, Mung	Chocolate/Cocoa	Haddock	Orange	Rice, Wild	Turbot/Whitefish
Bean, Navy	Cilantro	Hazelnut/Filbert	Oregano	Rose Hips	Turkey
Bean, Pinto	Cinnamon	Honey	Palm Oil	Rosemary	Turmeric
Bean, Soya	Clove	Hops	Papaya	Rutabaga	Turnip, Greens
Bean, String/Wax	Coconut	Horseradish	Paprika	Rye	Vanilla
Beef/Veal	Cod Liver Oil	Hydrogenated Oil	Parsley	Safflower Oil	Walnut Oil, Black
Beet	Codfish	Kale	Parsnip	Sage	Walnut, English
Blackberry	Coffee, Decaf & Reg	Kamut	Pea, Black-Eyed	Salicylate	Watercress
Blueberry	Cola	Kelp/Sea Weed	Pea, Green/Snow	Salmon/Lox	Watermelon
Bok Choi	Collard Greens	Kiwi	Peach	Sardine	Wheat
Boysenberry	Coriander	Kombu	Peanut	Scallion/Spring Onion	Whey
Brazil Nut	Corn (Maize)	Lactalbumin	Pear	Sesame/Tahini	Yeast, Baker's
Broccoli	Cottonseed Oil	Lactoglobulin	Pecan	Snapper	Yeast, Brewer's
Buckwheat/Kasha	Cranberry	Lamb/Mutton	Pepper, Bell	Sole/Flounder/Halibut	Yogurt (Cow)

HALAL Food Block 236 ITEMS

Catfish	Crab	Oyster	Scallop	Swordfish
Clam	Lobster	Rabbit	Shrimp	

Includes **Kosher Food Block** and the **additional 9 food items** listed below.



Other Individual Blocks

Dander/Hair/Feather Block 10 ITEMS

Cat Dander (Felis catus)	Goose Feathers (Anser anser)	Sheep Wool (Ovis aries)
Dog Dander (Canis familiaris)	Guinea Pig Hair (Cavia porcellus)	Turkey Feathers (Meleagris gallopavo)
Duck Feathers (Anas platyrhynca)	Horse Dander (Equus caballus)	
Goat Hair/Skin Scraping (Capra hircus)	Rabbit Hair (Oryctolagus cuniculus)	

Additive/Preservative Block 15 ITEMS

Aspartame/Nutrasweet	Diacetyl (2,3-Butanedione)	Polysorbate 60	Sodium Benzoate
BHA	Gum, Locust Bean	Potassium Bromate	Sodium Propionate
BHT	MSG (Monosodium Glutamate)	Propyl Gallate	Sulfite/Metabisulfite
Calcium Propionate	Nitrates/Nitrites	Saccharine	

Additive/Preservative Block 28 ITEMS

Includes **Additive/Preservative Block 15** and the additional **13 Additives/Preservatives** listed below.

Caffeine	Gum, Guar	Pinene	Sorbitol
Gum, Acacia	Gum, Tragacanth	Polysorbate 80	Stevia
Gum, Agar	Gum, Xanthan	Sodium Fluoride	Xylitol
Gum, Carrageenan			

Additive/Preservative Block 45 ITEMS

Includes **Additive/Preservative Block 28** and the additional **17 Additives/Preservatives** listed below.

Acesulfame	Gum, Karaya	Methyl Paraben	Propyl Paraben
Agave Nectar	Magnesium Stearate	Polyethylene Glycol	Sodium Alginate
Camphor	Mannitol	Polysorbate 20	Sodium Erythrobate
EDTA	Menthol	Potassium Sorbate	Splenda (Sucralose)
Glycerin, Vegetable			

F, D, & C Color Additive Block 20 ITEMS

Annatto	D&C Green #8	FD&C Green #3	FD&C Red #3
FD&C Blue #1	D&C Green #5	D&C Orange #4	FD&C Red #40
FD&C Blue #2	D&C Orange #5	D&C Red #22	D&C Yellow #10
Brilliant Black	D&C Red #33	D&C Red #28	FD&C Yellow #5
Carmine/Cochineal	D&C Violet #2	FD&C Red #2	FD&C Yellow #6

Toxic Mineral Metal Block 14 ITEMS

Aluminum	Cadmium	Mercury	Tin/Stannous Chloride
Antimony	Ethyl Mercury	Methyl Mercury	Titanium Dioxide
Arsenic	Gold	Nickel (II) Chloride	
Barium Sulfate	Lead	Silver	

Medication Block 32 ITEMS

Acetaminophen (Tylenol)	Ciprofloxacin (Cipro)	Gabapentin (Neurontin)	Nystatin
Amitriptyline (Elavil)	Clarithromycin (Biaxin)	Guaifenesin (Mucinex)	Omeprazole (Prilosec)
Amoxicillin	Cyclobenzaprine (Flexeril)	Hydroxy-chloroquine (Plaquenil)	Penicillamine
Ampicillin	Docosanol (Abreva)	Ibuprofen	Penicillin
Aspirin/Coal Tar	Duloxetine (Cymbalta)	Mesalamine (Asacol)	Piroxicam (Feldene)
Atorvastatin (Lipitor)	Erythromycin	Metaxalone (Skelaxin)	Sertraline (Zoloft)
CBD Oil	Fluconazole (Diflucan)	Metformin (Glucophage)	Streptomycin
Cephalexin (Keflex)	Fluoxetine (Prozac)	Naproxen (Aleve)	Tetracycline

Mold Block 28 ITEMS

Alternaria alternata	Cladosporium herbarum	Mucor mucedo	Rhodotorula
Aspergillus fumigatus	Epidermophyton floccosum	Mucor racemosus	Trichoderma harzianum
Aspergillus niger	Fusarium solani	Penicillium frequentans	Thricothecium roseum
Aspergillus oryzae	Fusarium vasinfectum	Penicillium notatum/chrysogenum	Trichophyton mentagrophytes goetzii
Botrytis cinerea	Geotrichum candidum	Penicillium roqueforti	Trichophyton mentagrophytes interdigitale
Candida albicans	Helminthosporium halodes	Pullularia pullulans	Trichophyton rubrum
Cladosporium cladosporioides	Helminthosporium sativum	Rhizopus stolonifer/nigricans	Trichophyton schoenleinii

Environmental Chemical Block 15 ITEMS

1,2 Dichlorobenzene	Chlordane	Cyclohexylamine	Soap (SDS/SLS)
2,4,5 T	Chloroform	Endrin	Toluene
Benzene	Cis-Dichloroethylene	Methylene Chloride	Vinyl Chloride
Carbon Tetrachloride	(1,2 Dichloroethylene)	(Dichloromethane)	Xylene
		Organophosphates	

Environmental Chemical Block 30 ITEMS

Includes **Environmental Chemical Block 15** and the **additional 15 items** listed below.

Benzyl Acetate	Ethyl Butyrate	Petroleum By-Products & Solvents	Propylene Glycol (1,2-Propanediol)
Dibutyl Phthalate	Formaldehyde	Phenol	Silicates/Silicon Dioxide
Dieldrin	Latex	Phthalates	Silicone
Ethyl Acetate	Methoxychlor	Polyvinylpyrrolidone/Povidone	

Environmental Chemical Block 61 ITEMS

Includes **Environmental Chemical Block 30** and the **additional 31 items** listed below.

2,4-D	Carbon Disulfide	Halogenated Biocide	Pentachlorophenol (PCP)
2-Methyl Pentane	DBCP (1,2 Dibromo-3-chloropropane)	Heptachlor	Pyrene
3-Methyl Pentane	DDT	Hexachlorocyclohexane	Selenium Sulfide
Aldrin	DEET	Isopropyl Ether	Tert-Butyl-Ethyl Ether (TBEE)
Benzaldehyde	Detergent (Synthetic)	Maleic Anhydride	Tert-Butyl-Methyl Ether (TBME)
Benzopyrene	Ethyl Acetoacetate	Metallic Catalysts	Tetrachloroethylene
Beryllium Oxide	Ethylene Dibromide	Morpholine	Trichloroethylene (TCE)
Carbamates	Glyphosate	Nitrosamine Mix	

Silicone Hypersensitivity Block 19 ITEMS

Aluminum	D&C Violet #2	Phenol	Titanium Dioxide
Aspergillus niger	FD&C Blue #2	Polyvinylpyrrolidone/Povidone	Toluene
Benzene	Formaldehyde	Silicates/Silicon Dioxide	Vinyl Chloride
Candida albicans	Latex	Silicone	Xylene
D&C Green #5	Petroleum By-Products & Solvents	Tin/Stannous Chloride	